

National Workshop on Personality Development

As part of the diamond jubilee celebrations of the institute, various programmes are being conducted in the institute throughout the year. Recently, a National Workshop on Personality Development was conducted from 23rd to 25th December 2023 successfully. Sessions were held on stress management, time management, essence of Bhagavad Gita, yoga and pranayama, physical wellness and different study techniques. The sessions were taken by Dr. Debi Prasad Mishra, Director, NITTTR Kolkata. Yoga sessions were conducted by Shri. Avinash Kumar.

